

Community Support Manager

An exciting opportunity to join PROJECT:TALK CIC's Community Support team.

About us

We are PROJECT:TALK CIC, a Community Interest Company established in early 2020 with a mission to change the way we view mental health by pioneering mental fitness in communities across the UK. We are a rapidly growing, forward thinking organisation who respect the complexities and individuality of the challenges many of us face whilst believing in the capability of individuals to make real change when enabled and well supported.

By proactively preparing our minds with the resources it will need when it's under stress, as you would physically train your body when preparing for a marathon, we are better able to navigate difficult situations when they arise or seize opportunities presented to us. One of the most pertinent contributing factors to our mental fitness is the support network and resources that surround each one of us. It is here that we focus our work.

Our team of dedicated volunteers work nationally to provide communities with a comprehensive set of tools and resources to improve their collective mental fitness. Through bespoke training, community events and our highly accessible peer to peer support models, we utilise the enthusiasm of passionate individuals to make their community a place where each and every person can thrive. Whether this be a school, university, community group or workplace, we pride ourselves in delivering a sustainable, cost effective package that not only raises awareness but also equips individuals with tools that can facilitate potentially lifesaving conversations. Our profits are reinvested to fund projects led by those who know their community best, such as a therapeutic arts programme at the University of Bristol.

We also have a growing network of UK university societies who are helping us to achieve our mission within both universities and their local communities. This is accompanied by our new Mental Fitness Ambassador programme, which trains and supports individuals to promote PROJECT:TALK's message and take on a valued support role within their own organisation.

Currently, we focus our work on those between the ages of 16 and 25, however are keen to broaden our reach.

About the role

Role name: Community Support Manager

Role type: Voluntary commitment

Term: Permanent, approx. 2-6 hours per week but variable depending on demand!

Peer support is a fundamental part of PROJECT:TALK's work to support the mental fitness of young people across the country.

From our 1:1 peer support scheme which connects trained volunteers with students in need of a chat, to our network of peer-led support groups; our experience in supporting the safe development and running of peer-led support places us in a unique position to bring this form of support into the limelight.

We are looking for a passionate individual to join our team at PROJECT:TALK CIC as Peer Support

Manager. In this role, you'll be responsible for overseeing our work to develop peer led support across our network. Specifically, you will support local Peer Support Scheme Leads to run the 1:1 Peer Support Scheme within their own communities. You will also take a lead role in developing a robust framework for peer support activities, ensuring a high quality service and evaluating its impact. You will be heavily supported by the rest of the PROJECT:TALK team.

Currently, PROJECT:TALK works in partnership with Bristol SU to support a number of peer support groups this year. These include incredible groups such as Talk Club, The Drugs (Including Alcohol) Support Group and the UoB Greif, Terminal Illness & Life Threatening Illness Support Group. Should you choose, we'd also welcome your help in acting as a mentor for young people establishing and running these peer support groups at the University of Bristol and other communities.

Most of all, this role will provide you personally with an incredible opportunity to support fellow young people and make real impact across our network. All the while you will gain valuable skills and experience, which will undoubtedly be attractive to future employers.

This role will include a handover period, with full training provided.

If you'd like to find out more, please email management@projecttalk.org.uk with any questions

Application process

Please fill out our application form [here](#) to apply.

We will then be in touch to let you know if we are able to invite you for interview.

Interviews will take form of a relaxed discussion with Daisy and George, our Directors, giving you a chance to establish whether this is the role for you as well as us to find out more about you.

Good luck!